

**COLD-WEATHER CLOTHING  
CHECKLIST FOR HIKING,  
CAMPING, AND  
BACKPACKING**

|   |  |
|---|--|
|   | Long-sleeved shirt*                                |
|   | Long pants* (wool military surplus pants are fine) |
|   | Sweater*   |
|   | Long underwear*                                    |
|   | Hiking boots or sturdy shoes                       |
|   | Socks (preferably wool)                            |
|   | Insulated parka or coat with hood                  |
|   | Wool stocking cap                                  |
|   | Mittens  |
|   | Insulated booties or mukluks                       |
|   | Bandanas   |
|   | Rain gear  |
|   | Extra underwear (for longer trips)                 |
| <i>(Items marked with an asterisk [*] should be made of wool or a warm synthetic fabric.)</i> |  |